

SPECIAL **TRAVEL** ISSUE

Dream Vacations

101 Great Adventures For Boomers & Seniors



Inside:

Explore the Wild West
The "Bucket" Cruise to UK

New Career as Tour Guides
"Down Under" Family Reunion

101 Great Adventures

A050 Adventure Travel Guide 2017

Compiled by Don Mankin, the "Adventure Geezer" Adventuretransformations.com



Looking for your next adventure? Trying to figure out where to go and what to do when you get there? Then consult the A050 Adventure Travel Guide, a comprehensive compilation of adventure trips for travelers 50 years and older recommended by those who know these trips best—the tour operators who offer them.

Tour operators from the Adventure Travel Trade Association have recom-

mended over 100 trips of widely varying length, cost, activity and kind located all over the world including several trips for women only.

These trips are listed by region and organized (approximately) geographically within each region to make it easier for readers to find the kind of trips they're looking for. Listed is the name of the trip, number of days, price, name of the company offering the trip plus the website where

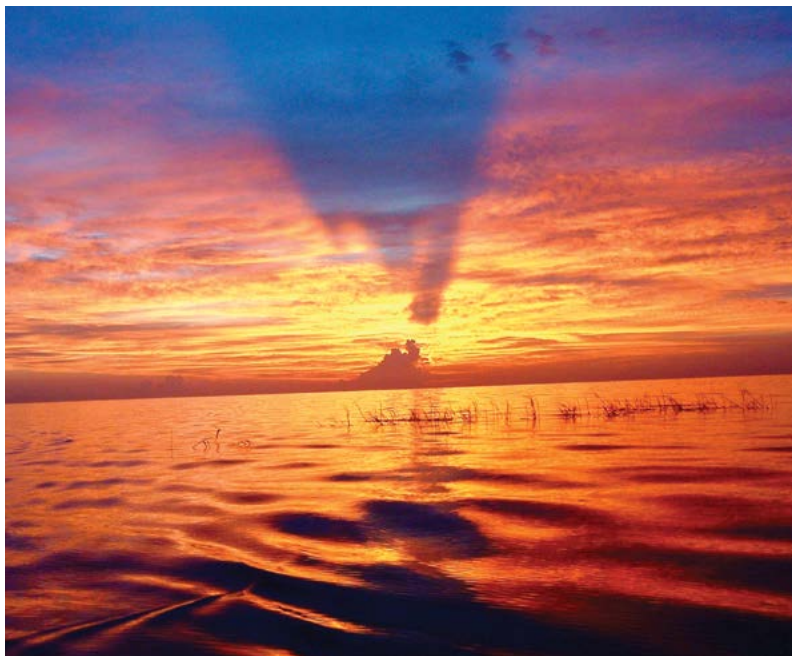
more detailed information can be found. If the location or activity is not apparent from the name of the trip, I have put that information in parentheses after the name of the trip.

For costs, I use the lowest price listed on the operators

website. Actual prices may vary depending on time of year, number of trip participants, accommodations, etc. You should consider the prices listed as approximate. If interested in a particular trip, consult the operator's website for the current and most accurate price. Many of the operators are offering discounts to the readers of A050. Contact Larry Hayes, the CEO/publisher of A050 (larry@activeover50.com) for more information.

Enjoy the Travel Guide and start looking for your next adventure!

North America Adventure Trips



Top of the World – Nuclear-Powered Icebreaker Cruise to the North Pole, 13 days, \$27260, Poseidon Expeditions, poseidonexpeditions.com/northpole/north-pole-icebreaker-cruise/

Alaska Spencer Glacier Hike with Train, Helicopter and Kayak, 1 day, \$629, Ascending Path, ascendingpath.com/tours/spencer-glacier-hike

Noatak River and Great Kobuk Sand Dunes Combination (kayaking and hiking, Alaska), 12 days, \$5695, Alaska Alpine Adventures, alaskaalpineadventures.com/alaska-adventure-tours/rafting/rafting-trips-gates-of-the-arctic/hiking-rafting-noatak-kobuk-combination/trip

Chugach Royalty Package (Alaska), 3 days, \$1890, Chugach Adventures, alaskanrafting.com/product/chugach-royalty-package/

Icy Bay Sea Kayaking Tour (Alaska), 6 days, \$2600, Expeditions Alaska, expeditionsalaska.com/trip/sea-kayaking/icy-bay-sea-kayaking-trip/

Quebec and the Blueberry Route, 7 days, \$3698, Bicycle Adventures, bicycleadventures.com/destinations/canada-bike-tours/Quebec-&-the-Blueberry-Route---NEW!

Sea Kayaking: One way to the Estuary (Saguenay Fjord, Quebec, Canada), 3 days, \$736, Fjord en Kayak, fjordenkayak.ca/en/activities/2-to-4-days-sea-kayak-expeditions/3-days-expeditions-to-the-estuary

Snake River Scenic Float with Teton Views and Sunset Wildlife Tour (Jackson Hole, WY), 1 day, \$225, Mad River Boat Trips, mad-river.com/specials-packages/snake-river-scenic-float-with-teton-views-and-sunset-wildlife-tour

Four-hut Guided Ski Expedition (Maine), 5 days, \$530, Maine Huts & Trails, mainehuts.org/trips/4-hut-guided-ski-expedition

Colorado Rocky Mountain Adventure Self-guided Bicycle Tour, 6 days, \$1774, At Your Pace Freestyle Cycling Adventures, atyourpacebiking.com/mycoloradobiketours/colorado-rocky-mountain-adventure-self-guided-bike/

Culinary Adventures in the Heart of the Rocky Mountains (Colorado), 7 days, \$2998, Epitoureaan, epitoureaan.com/master/1275/Culinary-Adventures-in-the-Heart-of-the-Rocky-Mountains

Mindfulness Trip on the Green River through Lodore Canyon (Colorado), 4 days, \$977, Holiday River Expeditions, bikeraft.com/balance-flow-trips/mindfulness-trip/

New Mexico - Santa Fe to Taos Hike, 7 days, \$3295, The Wayfarers, thewayfarers.com/usa-new-mexico



Self-Guided Cycling Napa Valley (California), 6 days, \$1499, AOA Adventures, aoa-adventures.com/self-guided-napa-cycling/

Ojai to Santa Barbara Bike Tour (California), 6 days, \$3499, Trek Travel, trektravel.com/trip/ojai-to-santa-barbara-bike-tour/

Mexico City: An Urban Adventure with a Touch of Nature, 10 days, \$3500, The Muddy Boot, themuddyboot.org/index.php/mexico-city

Trekking in Oaxaca, Mexico, 8 days, \$965, Crooked Trails, crookedtrails.org/destinations/mexico/

Best of Sierra Tarahumara (Copper Canyon, Mexico), 13 days, \$2100, Copper Canyon Trails, coppercanyontrails.org/cctburro13.htm

Baja Classic Islands Kayak/SUP Trip (Mexico), 7 days, \$1495, Sea Trek Expeditions, seatrek.com/baja/

Sea-to-Sea Trek in the Sierra La Laguna Biosphere Reserve, Baja California Sur (Mexico), 3 days, \$650, Todos Santos Eco Adventures, tosea.net/trip/sea-to-sierra-trek/

Journey of Purpose and Discovery Cuba: Cultural immersion, 9 days, \$4799 (including roundtrip economy airfare from a US gateway city), Nanda Journeys, nandajourneys.com/cuba.html

Central & South America Adventure Trips



Heartland of Panama, 10 Days, \$2395, Southern Explorations, southernexplorations.com/panama-tours-travel/heartland-panama

Unveiled Wonders – Costa Rica & Panama Canal, 9 days, \$4395, UnCruise Adventures, uncruise.com/destinations/costa-rica-panama-cruises/unveiled-wonders-costa-rica-panama-canal-cruise

Paddle Nicaragua Kayak Jungle Expedition, 11 days, \$2995, paddlenicaragua.com

Caminos de Osa Adventure Package Puerto Jimenez (Costa Rica), 6 days, \$3087, Nature Air Vacations, naturevacations.com

Surprising Colombia, 22 days, \$1940, Better Places Travel, betterplacestravel.com/surprising-colombia/

Ecuador Culture and Nature Tour, 14 days, \$4199, latintrails.com/ecuador-cultural-and-natural-tour/

10-day Galapagos Adventure Tour, 10 days, \$4599, Galakiwi, galakiwi.com/our-tours/galapagos-adventure-tour-10-days

Origins of Species Galapagos Cruise, 10 days, \$7995, INCA–International Nature & Cultural Adventures, inca1.com/galapagos-origins-of-species/

Jericoacoara and the Sunset Coast (self drive dune buggy escorted tour, Brazil), 9 days, \$1620, Brasil Adventure, brasil-adventure.com

The Salkantay Trek to Machu Picchu (trekking or by horseback, Peru), 7 days, \$3240, Mountain Lodges of Peru, mountainlodgesofperu.com/salkantay/the-trek/

Machu Picchu Expedition (Peru), 7 days, \$1698, Andean Treks, andeantreks.com/trip/machu-picchu-expedition

Bolivia, Biking the Salt Flats and Hiking the Amazon, 11 days, \$2899, BikeHike Adventures, bikehike.com/bolivia/bolivia-cycling-salt-flats-hiking-amazon

Chile, Patagonia, Easter Island and Atacama -Luxury Adventures at Explora, 14 days, \$7495, Eureka Travel, peurekatravel.net

Argentina: Vision & Vine, 9 days, \$5400, Ciclismo Classico, ciclismoclasico.com/trips/photo-tour/

Explore Patagonia Safari - Chile and Argentina (self drive), 9 Days, \$7,480, Quasar Expeditions, quasarex.com/patagonia/chile-and-argentina

End of the World, 11 days (Chile and Argentina), \$4675, Adventure Life, adventure-life.com/patagonia/tours/419/end-of-the-world





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Explore the Wild West

By Colleen Hodson

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Europe Adventure Trips

East Greenland: Northern Lights, 14 days, \$8395, Quark Expeditions, quarkexpeditions.com/en/arctic/expeditions/east-greenland-northern-lights

Expedition to Greenland, 9 days, \$6595, Wilderness Travel, wildernesstravel.com/trip/greenland/hiking-cultural-expedition-to-greenland

Iceland & Natural Wonders of Greenland, 12 days, \$2995, Iceland Procruses, icelandprocruses.com/pages/cruise-trips-2018/iceland-and-natural-wonders-of-greenland-itinerary.html

3 day Silver - and Golden Circle in Iceland, 3 days, \$1730, Asgard, [asgardbeyond.com/guided-tours-](http://asgardbeyond.com/guided-tours-iceland/multi-day-tours/glacier-hiking/3-day-silver-circle-and-golden-circle)

iceland/multi-day-tours/glacier-hiking/3-day-silver-circle-and-golden-circle

Expedition Svalbard with Sea Endurance (Norway), 11 days, \$7490, PolarQuest, polar-quest.com/trips/svalbard-spitsbergen/expedition-svalbard-with-sea-endurance-2017



Hiking the Fords of Norway, 10 days, \$3550, Norway Adventure AS, norway-adventures.com/english/adventure_vacations/hiking_the_fjords_of_norway/

West Sweden Explorer 2017, 8 days, \$2205, Borton Overseas, bortonoverseas.com/find-journey/scandinavia-west-sweden-explorer



Mountains and Malts (highlands of Scotland), 3 days, \$650, Scot Mountain Holidays, scotmountainholidays.com/tours/mountains-and-malts/

The Dingle Way Hiking Tour (Ireland), 4 days, \$355, Hillwalk Tours, hillwalktours.com/hiking-ireland/dingle-way-overview

Coast to Coast, UK, 16 days, \$2306, HF Holidays, hfholidays.co.uk/holidays-and-tours/coast-coast-guided-trail/

Classic River Thames: England Rowing Trip, 8 days, \$2825, Rowing The World, rowingtheworld.com/package/classic-riverthames-2017-1/

A Taste of Camino de Santiago Walking & Hiking Tour (Spain), 6 days, \$3898, Backroads, backroads.com/trips/WTI/portugal-spain-walking-trip

Southern Spain and Morocco, 16 days, \$4000, I, Like You, Tours, ilikeyoutours.com/110_spmrc_16day.html



com/austria/danube-bike-path-7-nights

Serbia, Macedonia, Kosovo), 16 days, \$2130, Explore Worldwide, exploreworldwide.com/holidays/former-yugoslavia-rail-adventure

Best of Slovenia Bike Tour, 8 days, \$1945, Pure Adventures, pure-adventures.com/show-tour/44/Slovenia+%E2%80%93+Best+of+Slovenia+Cycling+Tour

Trans-Siberian Railway: Tsar's Gold Luxury (Moscow to Beijing), 16 days, \$4950, The Russia Experience, trans-siberian.co.uk/package/tsars-gold-moscow-to-beijing/

Heart and Soul of the Douro Wine Region (Portugal), 8 days, \$1199, Portugal Green Walks, portugalgreenwalks.com/activities/heart-soul-douro-wine-region/

Wolf Tracking in the French Alps: 3 days, \$609, Undiscovered Mountains, undiscoveredalps.com/holidays/winter-wolf-tracking-trip

Burgundy Biking (France), 5 nights, \$4995, Butterfield & Robinson, butterfield.com/trip/burgundy-biking/

Enchanting Rhine Wine Cruise (Basel to Amsterdam), 8 days, \$2049, AmaWaterways, amawaterways.com/destination/europe-river-cruises/2017/the-enchanting-rhine-wine-cruise

Cycling Holiday from Munich to Venice, 9 days, \$862, FUNActive TOURS, italybike.info/en/cycle-holidays/munich-venice/

Active Outdoor, Wine, Food and Feelgood (Italy), 5 days, \$765, Saras Italy, sarasitaly.com/en-GB/available-travels/active-outdoor-feelgood-30-aug-3-sep-35671990

Kayaking Venice and the Dolomites (Italy), 10 days, \$4595, Tofino Expeditions, tofino.com/italy/kayaking-venice-and-the-dolomites/

Amalfi: The Coast of Emotions - Guided Walking Tour (Italy), 8 days, \$4150, Caspin Journeys, caspin.com/small-group-walking-tour-amalfi/

Former Yugoslavia Rail Adventure (Slovenia, Croatia, Bosnia and Herzegovina, Montenegro,

Danube Bicycle Path (Austria), 8 days, \$690, BikeTours.com, biketours.com



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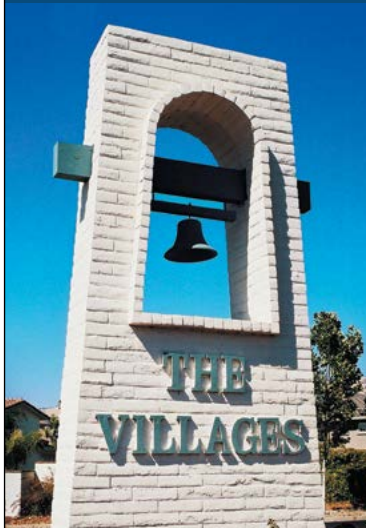


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Complete Morocco Immersion Tour, 14 days, \$2025, Morocco Immersion Tours and Adventures, moroccoimmersion.com/moroccogrouptours/complete-morocco-immersion-tour/

Discover Egypt, 9 days, \$1169, Encounters Travel, encounterstravel.com/tours-egypt-middle-east/egypt/discover-egypt-tour.html

Jordan Olive Harvest Tour, 6 days, \$999, Engaging Cultures Travel, engagingcultures.com/jordan-olive-harvest-tour/

Historical Ethiopia, 8 days, \$3694, Jacaranda Tours, jacarandatours.com/historical_t.php?tlmk=1

Classic Kenya, 11 days, \$6355, Cheli and Peacock Safaris, cheliandpeacock.com/itineraries/classic-kenya-driving-safari/

Tanzania Trekking Safari, 12 days, \$9360, Thomson Safaris, thomsonsafaris.com/tanzania-trekking-safari



Natural Namibia Self Drive, 14 days,
\$1200, African Profile Safaris,
[profilenamibia.com/documents/
44b_selfdrive_natural_namibia.pdf](http://profilenamibia.com/documents/44b_selfdrive_natural_namibia.pdf)

Rwanda Primate Safari, 10 days,
\$5675, Wildland

Active South Africa and Botswana,
11 days, \$4890, Adventure To
Africa, [adventuretoafrica.com/
here-posts/11-days-active-south-
africa-botswana-us4890-pp/](http://adventuretoafrica.com/here-posts/11-days-active-south-africa-botswana-us4890-pp/)

Kilimanjaro Northern Circuit Route
with Crater (Tanzania), 13 days,
\$4995, Summit Expeditions and
Nomadic Experience, [nomadic
experience.com/adventures/
the-northern-circuit-route/](http://nomadicexperience.com/adventures/the-northern-circuit-route/)

Madagascar: Lemurs! Lemurs!
17 days, \$6250, Journeys Interna-
tional, [journeysinternational.com/
destinations/africa/madagascar/
madagascar-lemurs-lemurs](http://journeysinternational.com/destinations/africa/madagascar/madagascar-lemurs-lemurs)



Asia Adventure Trips



Silk Road – In the Footsteps of Alexander the Great (Uzbekistan, Tajikistan), 15 days, \$2920, World Expeditions, worldexpeditions.com/index.php?section=trips&id=2271924

Mongolia Trek, 15 days, \$5130, Tusker Trail Adventures, bit.ly/Mongolia-Trek-Itinerary

Gobi Trek (Mongolia), 13 days, \$6395, Nomadic Expeditions, nomadicexpeditions.com/trip-finder/gobi-trek/

Annapurna Discovery (Nepal), 14 days, \$2100, OneSeed Expeditions, oneseedexpeditions.com/annapurna-discovery

Discover Bhutan Multisport (bike, hike, raft), 8 days, \$2895, Pedalers Pub & Grille, pedalerspubandgrille.com/bhutan-multisport-tours-bike-hike-raft-discover-bhutan

Bhutan: Hiking in the Peaceful Kingdom, 12 days, \$4995, Boundless Journeys, boundlessjourneys.com/tours/bhutan-hiking-in-the-peaceful-kingdom/

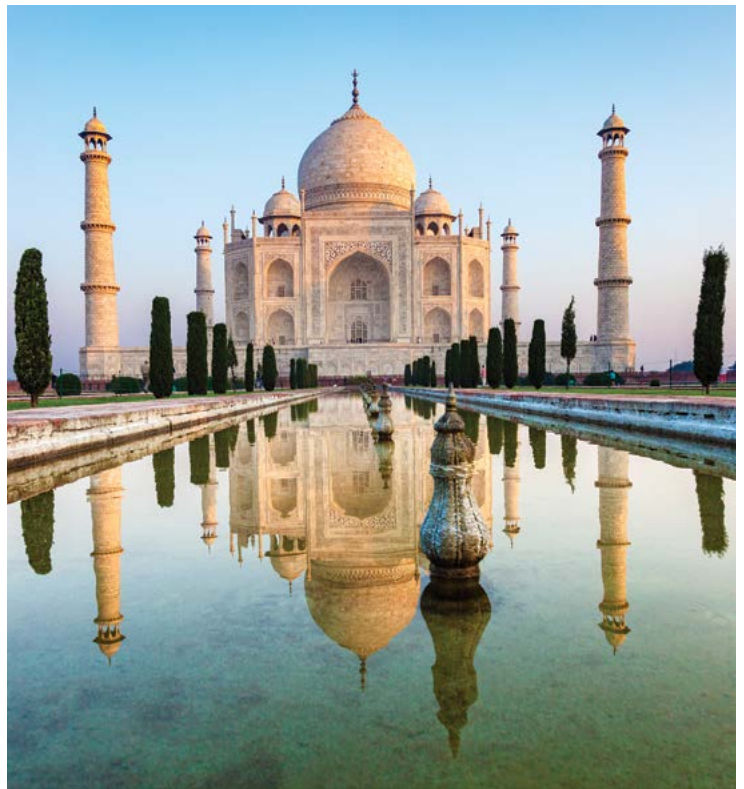
Quest for the Snow Leopard (India), 13 days, \$5995, Mountain Travel Sobek, mtsobek.com/trips/asia/india/quest-for-the-snow-leopard

Jungle Book Cycling Adventure (India), 8 days, \$2435, Royal Expeditions, royalexpeditons.com/ltineraries/ltinerary.aspx?iid=vyY33tR4mlw%3d

Bamboo Road Cycling Tour (Shanghai to Singapore), 86 days, \$16500, TDA Global Cycling, tdaglobalcycling.com/bamboo-road

Myanmar Odyssey—Bagan, Inle, Monywa, Ngapali and Beyond, 14 days, \$5495, Myths and Mountains, mythsandmountains.com/trip/myanmar-odyssey-bagan-inle-monywa-ngapali-and-beyond/

Thailand: Cruising the Coast to Samui, 5 days, \$1250, Grasshopper Adventures, grasshopperadventures.com/en/short-tours/cruising-the-coast-to-samui.html



Ultimate Vietnam & Cambodia, 19 days, \$3335, Selective Asia, selectiveasia.com/cambodia-holidays/itineraries/all-holidays/ultimate-vietnam-cambodia/at-a-glance

Vietnam Mountains and Coast Cycling Adventure, 15 days, \$1671, Saddle Skedaddle, skedaddle.co.uk/adventures/holiday/Cycling_Adventures/Vietnam_-_Mountains_and_Coast_-_Cycling_Holiday/607/view.rails

Jewels of Raja Ampat (Indonesia), 10 days \$4950, SeaTrek Sailing Adventures, seatrekbali.com/cruise/jewels-of-raja-ampat/

Borneo Weird & Wonderful Wildlife Eco-tour with Borneo's "Lost World," 12 days, \$6498, Wild Planet Adventures, wildplanetadventures.com/destinations/?country=borneo&trip=weird-wonderful-wildlife-16-day-borneo

Cruise and Kayak the Calamian Islands (Palawan, Philippines), 9 days; \$2200, Tribal Adventure Tours, tribaladventures.com/expedition/cruise-kayak-the-calamian-a-tagbanua-and-kagayanen-tribal-adventure/

Japan Culinary Tour – Behind the Noren Curtain, 9 days,

\$5890, Access Trips, www.accesstrips.com/tour/japan-culinary/

Shikoku Temple Trek (Japan), 9 days, \$5195, Mountain Hiking Holidays, mountainhikingholidays.com/shikoku-pilgrimage-hiking-in-japan/



Oceania and South Pacific Adventure Trips

Dive The Edge of The World (Papua New Guinea), 10 days, \$3450, Maduro Dive Fanta-Seas, madurodive.com/packages/tawali-resort-9-night-papua-new-guinea-combination-package-papua-new-guinea-7146-265.aspx

Samoa & Tonga: Swimming with Humpbacks, 14 days, \$9980 per person, Zegrahm Expeditions, zegrahm.com/expedition/samoa-tonga-swimming-with-humpbacks-august-2018/overview

Australian Icons: Sydney, Uluru, & Great Barrier Reef, 12 days, \$4250, Audley Travel, audleytravel.com/us/australia/itinerary-ideas/australian-icons

Tasmania & South Australia – Coastal Walks, Wine and Wildlife, 15 days, \$10419, Evergreen Escapes, evergreenescapesintl.com/trip/australia-adventure-coastal-walks-wine-wildlife/

Tahitian Affair Yacht Cruise, 8 days, \$4270, AdventureSmith Explorations, adventuresmithexplorations.com/tahitian-affair-tahiti-small-ship-cruise-island-passage-bora-bora-french-polynesia





Macquarie Island: The Galapagos of the Southern Ocean, 13 days, \$7600, Heritage Expeditions, heritage-expeditions.com/trip/galapagos-southern-ocean-2017/

Discovering the Antarctic Peninsula, 11 days, \$8295, Swoop Antarctica, swoop-antarctica.com/cruises/peninsula/discover

South Pole Overnight, 6-7 days, \$53400, Antarctic Logistics & Expeditions, antarctic-logistics.com/trip/south-pole-overnight/



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Women Adventure Trips



Marvels of Mongolia, 14 days, \$2895, Wild Women Expeditions, wildwomenexpeditions.com/trips/marvels-of-mongolia/

Costa Rican Explorer, 8 days, \$2995, Canyon Calling Adventures for Women, canyoncalling.com/package/costa-rica/



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— Kari —